



*Lion Den Meeting Plans*

## ***HELPFUL HINTS FOR THOSE LEADING A DEN MEETING:***

- É Your first den meeting will likely be each child's first Scouting experience.
- É In each den meeting plan in this booklet, you will see a section titled "Preparation and Materials Needed." Far in advance of each meeting, review this section and complete the preparation.
- É Refer to each adventure in the Lion Handbook for important information about the advancement activities in each meeting. Many adventures include an outing that can be completed at your normal meeting place. However, remember that an outing to a new location will be an adventure for your Scouts.
- É Arrive early at each den meeting to prepare and set up. The tone you set at the first meeting will determine, to a large extent, the success of your year. Be completely organized prior to the start of the meeting.
- É Wear your adult uniform.
- É Explain clearly to the Scouts what the behavioral expectations are and what the consequences will be. Be friendly but firm with the Scouts. Create a Den Code of Conduct with the Scouts input.
- É Set the expectations for parents to choose an Adventure they will want to help lead.
- É Ask your co-leader or parent helper to arrive at least 15 minutes before the meeting's start time. He or she can help you with final preparations before the Scouts arrive.
- É Having a snack at a den meeting is optional. If you choose to have a snack, plan the time for it so the meeting does not extend past the scheduled ending time. Be sure to ask parents and guardians about any food allergies their Scout has.
- É You may wish to email or distribute a parent information letter at the conclusion of each meeting. The letter informs parents what was completed at each meeting and provides information on upcoming den and pack meetings and activities. Parents appreciate good communication. Prepare the letter prior to each meeting.
- É Complete Youth Protection training and renew it every two years.

### ***FLAG CEREMONY***

*Choose the first Scout alphabetically to carry the U.S. flag. The second Scout will carry the den flag today, if you choose to have a den flag. The third and fourth Scouts are the color guards. (At subsequent meetings, rotate through the Scouts alphabetically.) The remaining Scouts in the den and all adults form a reviewing line that the color guard passes on the way to the flag stands. The den leader can call the flag ceremony (see below) at the first few meetings until the Scouts learn how to do so. After the flags are posted, have all recite the Pledge of Allegiance and then read the Scout Oath and Scout Law from the backs of the handbooks. Because of their size Lions may need to find an alternative to the traditional presentation of colors.*

É "Color guard, advance." Scouts walk in unison with the flag(s) to the front of the room

É "Color guard, post the colors." Scouts place the flag(s) in the flag stand(s)

É Recite the Pledge of Allegiance

É Recite the Scout Oath and Scout Law

É "Color guard, dismissed." Scouts leading the flag ceremony join the other meeting participants and the meeting begins

## ***MEETING 1: ADVANCEMENT TO BE COMPLETED***

### ***Pick My Path (Partial)***

#### ***PREPARATION AND MATERIALS NEEDED***

- É Lion Handbook for each Scout
- É Poster or handout of the Scout Oath and Scout Law if not everyone has a handbook
- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É First Aid kit for Den
- É Brief icebreaker game
- É Charades cards with emotions and the body language to convey them
- É Scissors
- É Crayons
- É Parent information letter (optional; see above)



#### ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

#### ***GATHERING***

- Play an icebreaker game, unless all of the meeting participants know one another already. An example of an icebreaker is to have the den gather in a circle. Choose someone to begin the game (perhaps the person with the last name that starts closest to the letter "Z" and then work through the circle). Have that person say their name and then act out (pantomime) their favorite sport or hobby.

#### ***ADVANCEMENT ACTIVITIES***

- É Introduce the adventure and explain that choices have consequences (1)
- É Emotion Charades
- É Pick My Path in the Lions Adventure Book

#### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional) and remind Scouts to perform a good turn for another person before the next meeting (2) and prepare to teach a game to others at the next meeting (3)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 2: ADVANCEMENT TO BE COMPLETED***

## ***PICK MY PATH***

### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Lion Handbook for each Scout
- É Den first aid kit
- É Word Search associated with making choices (try [www.puzzlemaker.com](http://www.puzzlemaker.com))
- É Soft foam ball or other items for "Lion Palooza" games

### ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

### ***GATHERING***

- Word Search

### ***ADVANCEMENT ACTIVITIES***

- É Hold a Lion Palooza, playing several games that involve making choices
- É Have Lions work in groups of two or three and take turns teaching the others a new game

### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 3: ADVANCEMENT TO BE COMPLETED GIZMOS & GADGETS (Partial)***

## ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Lion Handbook for each Scout
- É One 1-gallon milk jug with the bottom cut out per Lion
- É Beanbags, soft balls or other items to toss
- É Different-sized balls, cylinders, pipes or other similar items
- É Ping-pong balls
- É Dominos
- É Straws (enough for one per Scout)



## ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

## ***GATHERING***

- Milk Jug Toss

## ***ADVANCEMENT ACTIVITIES***

- É Rolling Investigation (1)
- É Ping-Pong Ball Races (2)

## ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 4: ADVANCEMENT TO BE COMPLETED GIZMOS & GADGETS***

## ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Lion Handbook for each Scout
- É Magazines, scissors, glue, poster board
- É Genius Kits made up of household materials (See Parent/Leader guide for details)
- É Community Member or Pack member who can present on and share antique gadgets and gizmos

## ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

## ***GATHERING***

- Have Lions look through magazines and cut out pictures of gadgets that make tasks easier. As a den make a poster to share at the next Pack meeting the Lions will attend.

## ***ADVANCEMENT ACTIVITIES***

- É Use genius kits to create a useful object (3)
- É Antique Gadget and Gizmo presentation
- É Have Lions complete the task on the Gizmos and Gadgets page of the Lion Adventure Book

## ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 5: ADVANCEMENT TO BE COMPLETED LIONS HONOR***

## ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Lion Handbook for each Scout
- É Soft ball
- É Poster board
- É Colored pencils, crayons, or markers



## ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

## ***GATHERING***

- Play a game of Simon Says using the title "Lion Says"

## ***ADVANCEMENT ACTIVITIES***

- É Show the Cub Scout Sign and Salute and tell what they mean (1 & 3)
- É Repeat the Cub Scout motto and tell what it means (2)
- É Salute or Sign Game
- É Den Poster
- É Have Lions complete the task on the Lions Honor page of the Lion Adventure Book

## ***CLOSING***

- Clean up
- Hand out the parent information letter providing details about the upcoming Pack meeting the Lions are to attend (5)
- Invite the parents and guardians to participate in the next meeting

## **MEETING 6: ADVANCEMENT TO BE COMPLETED**

### **ANIMAL KINGDOM (Partial)**

#### **PREPARATION AND MATERIALS NEEDED**

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Lion Handbook for each Scout
- É Make arrangements for a community professional to visit the meeting
- É Thank you note for your guest
- É Emergency Cards from the Parent/Leader guide (enough for one per parent)
- É Adhesive bandages and moleskin
- É Cloth or bandanna
- É Small plastic bag with the word *oïceö* on a slip of paper inside
- É Cell phone
- É Soap



#### **OPENING CEREMONY**

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

#### **GATHERING**

- Lion Tag

#### **ADVANCEMENT ACTIVITIES**

- É Community Visitor (1)
- É Emergency Preparedness Game (2)
- É Have Lions complete the task on the Animal Kingdom page of the Lion Adventure Book
- É Discuss requirement 4, choosing an energy saving project to practice at home for two weeks and have Scouts report back to you when complete (4)

#### **CLOSING**

- Clean up
- Hand out the parent information letter (optional). Provide information on the upcoming den family service project for others
- Invite parents to participate in the next meeting

## ***MEETING 7: ADVANCEMENT TO BE COMPLETED ANIMAL KINGDOM***

### ***PREPARATION AND MATERIALS NEEDED***

- É Items appropriate to the type of service project you have selected (gloves, trash bags, hand tools, etc)
- É Remind Scouts and adult partners to bring drinking water and dress appropriately

### ***OPENING CEREMONY***

- Gather the group together and explain the project. Make any necessary assignments for work teams, etc.

### ***ADVANCEMENT ACTIVITIES***

- É Perform a service project for someone in the community that is appropriate for kindergarten age Scouts
- É Take pictures of before and after

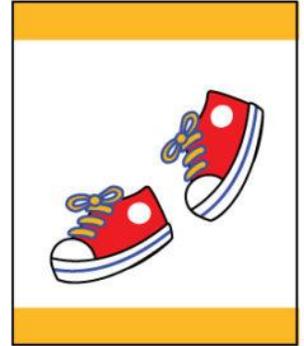
### ***CLOSING***

- Clean up
- Thank Scouts and adult partners for their participation
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 8: ADVANCEMENT TO BE COMPLETED FUN ON THE RUN(Partial)***

## ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Lion Handbook for each Scout
- É Ingredients to make trail mix (check for allergies before serving)
- É Materials for the Animal Match game



## ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

## ***GATHERING***

- Play Red Light, Green Light

## ***ADVANCEMENT ACTIVITIES***

- É Demonstrate several basic exercises and have Lions join in (1)
- É Make a nutritious snack to share with the den (2)
- É Explain the importance of rest & play the Animal Match Game (3)

## ***CLOSING***

- Clean up.
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 9: ADVANCEMENT TO BE COMPLETED FUN ON THE RUN***

## ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Lion Handbook for each Scout
- É Den first aid kit
- É Green Flag and Red Flag
- É Bandannas or ribbons for the three-legged race
- É Bean bags and soup cans

## ***GATHERING***

- Red Light, Green Light-Flag Version

## ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

## ***ADVANCEMENT ACTIVITIES***

- Jungle Field Day - Set up stations using ideas from the Parent/Leader Guide Book
- Three Legged Race
- Have Lions complete the task on the Fun on the Run page of the Lion Adventure Book

## ***CLOSING***

- Clean up
- Hand out parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 10: ADVANCEMENT TO BE COMPLETED***

## ***MOUNTAIN LION (Partial)***

### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Lion Handbook for each Scout
- É Den first aid kit
- É Essential six items as well as several miscellaneous items
- É Whistle



### ***GATHERING***

- Play "Lion, May I?"

### ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

### ***ADVANCEMENT ACTIVITIES***

- Play Pick and Choose Game and discuss the essential six items (1 partial)
- Discuss the buddy system (1 partial)
- Learn what SAW means and how to use it if you become separated from the group outdoors (2)
- Have Lions complete the task on the Mountain Lion page of the Lion Adventure Book

### ***CLOSING***

- Clean up
- Have Scouts prepare a personal Essential Six to bring on the outing (1 partial)
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 11: ADVANCEMENT TO BE COMPLETED***

## ***MOUNTAIN LION***

### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Location for a hike; rural location, local city or state park, or nature center
- É Den first aid kit
- É Each Lion will need to bring their previously prepared Essential Six kits

### ***GATHERING***

- Gather group, assign buddies and remind scouts to be respectful of the outdoors

### ***ADVANCEMENT ACTIVITIES***

- Review the òSö rules with the group
- Encourage Scouts to make note of things they see on the hike to discuss after
- Take a short learning hike. Distance should be consistent with the age and physical ability of the group
- Take a short hike (2)

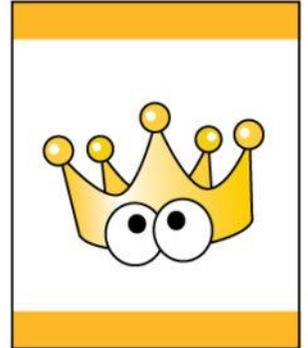
### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 12: ADVANCEMENT TO BE COMPLETED KING OF THE JUNGLE (Partial)***

## ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Lion Handbook for each Scout
- É Den first aid kit
- É Leader Patch
- É Red, white, and blue construction paper
- É White paint or cotton balls
- É Bowls or Bags
- É Word/picture Strips



## ***GATHERING***

- I Spy - Leader Patch

## ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

## ***ADVANCEMENT ACTIVITIES***

- Follow the Leader (3)
- Play the Citizen Lion game (1)
- Flag Mosaics
- Have Lions complete the task on the King of the Jungle page of the Lion Adventure Book
- Participate in/Observe a Flag Ceremony during a Pack meeting (1)

## ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 13: CELEBRATION OF COMPLETING THE Lion BADGE***

## ***PREPARATION AND MATERIALS NEEDED***

- É Invite parents and guardians to attend this meeting
- É Consider the need for a larger room for this meeting with appropriate seating for adults.
- É Prepare an appropriate ceremony for presenting the Lion badge to each Scout
- É U.S. Flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Refreshments to be served to the parents and guardians after the program (optional)

## ***OPENING CEREMONY***

- Flag Ceremony (see Helpful Hints)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Thank all guests for attending

## ***ACTIVITIES***

- Conduct a ceremony for awarding the Lion badge to each Scout