

# **Summer Meeting Plan – Week 1**

Note: Please watch this video in advance. You may also watch it with your scouts if needed. /<u>https://www.facebook.com/officialcubscouts/videos/10160471160245298/</u>

Please get the Scouts' shirt size and write in into the Parent information page in the binder at some point in the meeting.

## Opening – 3 minutes

Have the Scouts stand up around the tables.

- Instruct them on how to do the Cub Scout sign. Tell them to hold their right hand high and put up two fingers like wolf ears. (index and middle)
- Read out the Scout Law one point at a time and have them repeat it.
- When you are done, say the word "*Two*" and instruct them to put their hands down.

Have them take a seat at the tables

### Talk Time - Explain Activity/Goal - 2 minutes

How many of you like to earn awards? (get them to raise their hands). Well today we will be learning a bit about Cub Scouts and working on our first award – the Bobcat badge.

### Activity

### Group Activity 1 - Scout Oath and Law - 15 minutes

Pass out the handouts with the Scout Oath and Law. Start with the Scout Oath. Have them read aloud (or repeat after you or a reader) each line. Then for the Scout Law, go through each point and ask them what it means and get a few answers for each point. For instance, Trustworthy – what does it mean? "It means to tell the truth." Since this is their personal idea, encourage whatever they say (for as long as it is appropriate). Give them a positive feedback like "Good" or a high five when they answer. Your goal is to get them to think about the Law and their truth - not produce a specific definition.

Group Activity 2 – Scout sign, handshake, motto and salute – 10 minutes Explain the Scout Sign and what it means...

The Cub Scout sign is two fingers up with your right hand high in the air. The two fingers represent the Scout Oath and the Scout Law. The Scout sign also has another meaning. (turn your hand sideways to the Cubs and move it around). The Scout Sign also looks like a wolf. When a wolf has its ears up – it is listening.

Make the Cub Scout Sign and lead them in a call and answer.

"What are these?" – Wolf Ears "What do wolves do when their ears are up?" – Listen "When wolves are listening, what are they not doing?" - Talking





Great - Who wants to have more fun? (get them to raise their hand) Well we can only have fun if everyone hears what the leaders are saying right? (get them to raise their hand). So when you see the Cub Scout sign up you need to put up your sign and be quiet and listen to the leader. Let's try it now..

[Put up your sign and wait for all of them to put up theirs and be quiet. For a larger group it is most of them maybe not all of them.]

#### Now teach the Cub Scout Salute (see attached for image - use the right hand)

We use the salute when we say the Pledge of Allegiance and are in uniform. It shows respect to our Country.

#### Teach the Cub Scout Handshake (see attached for image – use the right hand to a handshake with the Cub Scout Sign)

We use the Cub Scout handshake to say hello to our fellow Cub Scouts.

Have the Scouts practice the handshake with each other.

#### Teach the Cub Scout Motto – Do Your Best

Have them repeat the motto and then ask them what it means and to give examples. Since this is their personal idea, encourage whatever they say (for as long as it is appropriate). Give them a positive feedback like "Good" or a high five when they answer. Your goal is to get them to think about the Motto and their truth - not produce a specific definition.

### Group Activity 3 – Flag Folding – 15-20 minutes

Using either the enclosed paper or the video have your scouts fold the flag. You can do this in groups of 2, 4, or 6 depending on the size of the group. The video shows a group of 6. With a group of 4 you have 1 person on each side. With groups of 2 you have one person on each end. Fold the flags multiple times. Make sure everyone has a turn at the ends of the flag.

### Whole Group Activity - Optional - Time Permitting

### Cub Scout Red Light/Green Light

This is a basic game of Red Light/Green Light where the Scouts go if you hold up the Cub Scout Sign (2 fingers on the right hand) and stop if you hold up anything else. If they move when you have a different number of fingers up, they go back to the starting line. The winner of the round becomes the next person to be the traffic light.

# Optional - Whole Group Activity - Cub Scout Says

Play Simon Says with the Cub Scout skills we just learned.

# Optional - Whole Group Activity - Animal Races

Put out cones or mark a start and finish line. Ask the Scouts to pick an animal and show you how it walks. Then have the Scouts race between the two lines with the winner picking the next animal. Some examples are hopping light a bird, jumping like a frog or walking on hands and feet like a bear.





### Announcements -

We have some exciting plans coming up in the next few weeks.

*Next week we are going to learn about being safe and clean in the outdoors. We will also be learning a few knots. Sound like fun?* Wait for response. *Great.* 

Closing – 2 minutes Get them to stand up.

Say: Cub Scouts - Cub Scout Sign (put up the Cub Scout Sign and wait for them to follow).

Let's do the Scout Oath. (Say each line and the have them repeat it)

Ready – Two (put their hands down)

(now in an energetic voice say the following)

What's the Cub Scout Motto? - Do Your Best

Did you do your best? - Yes!

Did you learn something new? - Yes!

Did you have fun? - Yes!

Dismissed!

