



Webelos Den Meeting Plans

HELPFUL HINTS FOR THOSE LEADING A DEN MEETING:

- É Your first den meeting will likely be each child's first Scouting experience.
- É In each den meeting plan in this booklet, you will see a section titled "Preparation and Materials Needed." Far in advance of each meeting, review this section and complete the preparation.
- É Refer to each adventure in the Webelos Handbook for important information about the advancement activities in each meeting.
- É Arrive early at each den meeting to prepare and set up. The tone you set at the first meeting will determine, to a large extent, the success of your year. Be completely organized prior to the start of the meeting.
- É Wear your adult uniform.
- É Explain clearly to the Scouts what the behavioral expectations are and what the consequences will be. Be friendly but firm with the Scouts.
- É Ask your co-leader or parent helper to arrive at least 15 minutes before the meeting's start time. He or she can help you with final preparations before the Scouts arrive.
- É Having a snack at a den meeting is optional. If you choose to have a snack, plan the time for it so the meeting does not extend past the scheduled ending time. Be sure to ask parents and guardians about any food allergies their Scout has.
- É You may wish to email or distribute a parent information letter at the conclusion of each meeting. The letter informs parents what was completed at each meeting and provides information on upcoming den and pack meetings and activities. Parents appreciate good communication. Prepare the letter prior to each meeting.
- É Complete Youth Protection training and renew it every two years.

MEETING 1: ADVANCEMENT TO BE COMPLETED

BOBCAT BADGE

PREPARATION AND MATERIALS NEEDED

- É Webelos Handbook for each Scout
- É Poster or handout of the Scout Oath and Scout Law if not everyone has a handbook
- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Brief icebreaker game, since this may be the first time the participants meet
- É First Aid kit for Den
- É Parent information letter (optional; see above)

FLAG CEREMONY

Choose the first Scout alphabetically to be your denner and carry the U.S. flag. The second Scout will be the denner for the next meeting and will carry the den flag today, if you choose to have a den flag. The third and fourth Scouts are the color guards. (At subsequent meetings, rotate through the Scouts alphabetically.) The remaining Scouts in the den and all adults form a reviewing line that the color guard passes on the way to the flag stands. The den leader can call the flag ceremony (see below) at the first few meetings until the Scouts learn how to do so. After the flags are posted, have all recite the Pledge of Allegiance and then read the Scout Oath and Scout Law from the backs of the handbooks.

- É ðColor guard, advance.öð Scouts walk in unison with the flag(s) to the front of the room
- É ðColor guard, post the colors.öð Scouts place the flag(s) in the flag stand(s)
- É Recite the Pledge of Allegiance
- É Recite the Scout Oath and Scout Law
- É ðColor guard, dismissed.öð Scouts leading the flag ceremony join the other meeting participants and the meeting begins

OPENING CEREMONY

Play an icebreaker game, unless all of the meeting participants know one another already. An example of an icebreaker is to have the den gather in a circle. Choose someone to begin the game (perhaps the person with the last name that starts closest to the letter ðZö and then work through the circle). Have that person say their name and then act out (pantomime) their favorite sport or hobby.

ADVANCEMENT ACTIVITIES

- É Scouts will complete Bobcat requirements 1-6 (see the Webelos Handbook). Remind the Scouts and their parents to complete Bobcat requirement 7 at home if it was not completed in this meeting

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 2: ADVANCEMENT TO BE COMPLETED SPORTSMAN

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Webelos Handbook for each Scout
- É Den first aid kit
- É Board Games



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Board Games

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and talk about the goals and activities that are planned
- É Hand signals (1)
- É Discuss good sportsmanship, explain what it means, role-play a situation demonstrating it, give an example of a time they experienced or saw someone showing good sportsmanship (3)
- É Participate in two sports (2)

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 3: ADVANCEMENT TO BE COMPLETED FIRST RESPONDER (Partial)

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Arrange for a first responder to visit the den
- É How To Treat crossword puzzle one for each Scout (visit Pinterest or create your own)



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- How To Treat Crossword Puzzle (5)
- Discuss questions to ask the first responder

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and talk about the goals and activities that are planned
- É Discuss what first aid is and what you should do after an accident (1)
- É First responder presentation (8)

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 4: ADVANCEMENT TO BE COMPLETED FIRST RESPONDER

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É First aid items to assemble personal first aid kits

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Assemble personal first aid kits (6) (Webelos Walkabout 2)

ADVANCEMENT ACTIVITIES

- É Remind Scouts of the current adventure being worked on
- É Show how to help a choking victim (3) and how to treat for shock (4)
- É Show what to do for hurry cases of first aid (2)

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 5: ADVANCEMENT TO BE COMPLETED

STRONGER, FASTER, HIGHER

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Balloons



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Jumping Kangaroos

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and build interest by describing the goals
- É Explain why you should warm up before exercising and have boys warm up (1)
- É Fitness Chart activities (2)
- É Make exercise plans (Do-at-Home project for 30 days will require follow up) (3)
- É Have den try a new sport that they have never tried before (4)

CLOSING

- Clean up
- Invite the parents and guardians to participate in the next meeting

MEETING 6: ADVANCEMENT TO BE COMPLETED CAST IRON CHEF (Partial)

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Set up an outdoor location for the next den meeting
- É Poster board with The Outdoor Code written on it
- É Printed copies the food journal
- É Tinder, kindling and fuel wood
- É Food Safety word search (visit Pinterest or create your own)



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Food Safety word search

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and build interest by describing the goals
- É Plan a menu for a balanced meal and determine the budget (1)
- É Using materials provided demonstrate how to build a fire in an appropriate outdoor location (3)

CLOSING

- Clean up
- Hand out the parent information letter addressing the outing to complete this adventure
- Invite parents to participate in the next meeting

MEETING 7: ADVANCEMENT TO BE COMPLETED CAST IRON CHEF

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Camp stove, dutch oven or open campfire
- É Shopping list (if possible to shop as a den)
- É Groceries

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Shopping for Good Nutrition

ADVANCEMENT ACTIVITIES

- É Introduce the outing and explain the goals
- É Prepare a balanced meal using the meal plan made in meeting 1 (2)

CLOSING

- Clean up
- Hand out the parent information letter (optional)

MEETING 8: ADVANCEMENT TO BE COMPLETED DUTY TO GOD AND YOU

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Prepare the Scouts for a one mile hike with stretching
- Discuss last meetings Do-at-Home project about extinct and endangered animals

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and build interest by describing the goals
- É Discuss what it means to do your duty to God and how you do your duty to God in your daily life (1)
- É Discuss how planning and participating in a service of worship/reflection helps you live your duty to God (3)
- É Provide instruction for finishing duty to God at home, listing one thing that will bring you closer to doing your duty to God, and practice it for one month (4)

CLOSING

- Clean up
- Invite Parents and guardians to participate in the next meeting and hand out information letter (optional)

MEETING 9: ADVANCEMENT TO BE COMPLETED

WEBELOS WALK ABOUT (Partial)

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout



GATHERING

- Ball Launcher

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and build interest by describing the goals
- É Plan a hike (1)
 - Describe and identify from photos any poisonous plants, dangerous animals and insects you might encounter on your hike (5)
- É Verify personal first aid kits are up-to-date (2)
- É Recite Outdoor Code and Leave No Trace Principles (3)

CLOSING

- Clean up
- Hand out the parent information letter providing information on the upcoming hike
- Invite the parents and guardians to participate in the next meeting

MEETING 10: ADVANCEMENT TO BE COMPLETED

WEBELOS WALK ABOUT

PREPARATION AND MATERIALS NEEDED

- É Den first aid kit
- É Tour and activity plan (if required by local council practices), signed activity consent forms , and a copy of the *Guide to Safe Scouting*
- É Nutritious lunch or snack

GATHERING

- Remind Webelos about behavior expectations while on the den outing
- Explain any rules or regulations for the outing

ADVANCEMENT ACTIVITIES

- Three mile hike (4)

CLOSING

- Clean up
- Hand out parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting
- Provide a thank you note to the Fire Station staff

MEETING 11: CELEBRATION OF COMPLETING THE Webelos BADGE

PREPARATION AND MATERIALS NEEDED

- É Invite parents and guardians to attend this meeting
- É Consider the need for a larger room for this meeting with appropriate seating for adults.
- É Prepare an appropriate ceremony for presenting the Webelos badge to each Scout
- É U.S. Flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Refreshments to be served to the parents and guardians after the program (optional)

OPENING CEREMONY

- Flag Ceremony (see Meeting1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Thank all guests for attending

ACTIVITIES

- Conduct a ceremony for awarding the Webelos badge to each Scout