



*Tiger Den Meeting Plans*

## ***HELPFUL HINTS FOR THOSE LEADING A DEN MEETING:***

- É Your first den meeting will likely be each child's first Scouting experience.
- É In each den meeting plan in this booklet, you will see a section titled "Preparation and Materials Needed." Far in advance of each meeting, review this section and complete the preparation.
- É Refer to each adventure in the Tiger Handbook for important information about the advancement activities in each meeting.
- É Arrive early at each den meeting to prepare and set up. The tone you set at the first meeting will determine, to a large extent, the success of your year. Be completely organized prior to the start of the meeting.
- É Wear your adult uniform.
- É Explain clearly to the Scouts what the behavioral expectations are and what the consequences will be. Be friendly but firm with the Scouts.
- É Ask your co-leader or parent helper to arrive at least 15 minutes before the meeting's start time. He or she can help you with final preparations before the Scouts arrive.
- É Having a snack at a den meeting is optional. If you choose to have a snack, plan the time for it so the meeting does not extend past the scheduled ending time. Be sure to ask parents and guardians about any food allergies their Scout has.
- É You may wish to email or distribute a parent information letter at the conclusion of each meeting. The letter informs parents what was completed at each meeting and provides information on upcoming den and pack meetings and activities. Parents appreciate good communication. Prepare the letter prior to each meeting.
- É Complete Youth Protection training and renew it every two years.

# **MEETING 1: ADVANCEMENT TO BE COMPLETED BOBCAT BADGE**

## **PREPARATION AND MATERIALS NEEDED**

- É Tiger Handbook for each Scout
- É Poster or handout of the Scout Oath and Scout Law if not everyone has a handbook
- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Brief icebreaker game, since this may be the first time the participants meet
- É First Aid kit for Den
- É Parent information letter (optional; see above)

## **FLAG CEREMONY**

*Choose the first Scout alphabetically to be your denner and carry the U.S. flag. The second Scout will be the denner for the next meeting and will carry the den flag today, if you choose to have a den flag. The third and fourth Scouts are the color guards. (At subsequent meetings, rotate through the Scouts alphabetically.) The remaining Scouts in the den and all adults form a reviewing line that the color guard passes on the way to the flag stands. The den leader can call the flag ceremony (see below) at the first few meetings until the Scouts learn how to do so. After the flags are posted, have all recite the Pledge of Allegiance and then read the Scout Oath and Scout Law from the backs of the handbooks.*

- É ðColor guard, advance.öð Scouts walk in unison with the flag(s) to the front of the room
- É ðColor guard, post the colors.öð Scouts place the flag(s) in the flag stand(s)
- É Recite the Pledge of Allegiance
- É Recite the Scout Oath and Scout Law
- É ðColor guard, dismissed.öð Scouts leading the flag ceremony join the other meeting participants and the meeting begins

## **OPENING CEREMONY**

Play an icebreaker game, unless all of the meeting participants know one another already. An example of an icebreaker is to have the den gather in a circle. Choose someone to begin the game (perhaps the person with the last name that starts closest to the letter ðZö and then work through the circle). Have that person say their name and then act out (pantomime) their favorite sport or hobby.

## **ADVANCEMENT ACTIVITIES**

- É Scouts will complete Bobcat requirements 1-6 (see the Tiger Handbook). Remind the Scouts and their parents to complete Bobcat requirement 7 at home if it was not completed in this meeting

## **CLOSING**

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

## ***MEETING 2: ADVANCEMENT TO BE COMPLETED***

### ***GOOD KNIGHTS (PARTIAL)***

#### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Tiger Handbook for each Scout
- É Den first aid kit
- É Printed copy of the Scout Law
- É Thank you note, or materials to make a simple card
- É Poster board, scissors, crayons
- É Printouts or books with information about knights
- É Bucket, water/cotton balls
- É Remind parents that castle-building requirement will use recycled materials, which they may want to start collecting



#### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

#### ***GATHERING***

- Merlin's Magic Potion Game

#### ***ADVANCEMENT ACTIVITIES***

- É Say the Scout Law, explain one of the 12 points and why you think a knight would have the same behavior (1)
- É Make a Den Shield and a Personal Shield (3)
- É Create a den code of conduct (2)

#### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 3: ADVANCEMENT TO BE COMPLETED GOOD KNIGHTS***

## ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Tiger Handbook for each Scout
- É Various recyclables, cereal boxes, clean empty cans, paper towel tubes, construction paper
- É Glue, markers, crayons
- É Obstacle Course items (examples: pool noodles, hula hoops, balls, pails, discs, stick horses, etc)
- É Supplies for service project (examples: boxes to collect food, bags to collect trash etc)

## ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

## ***GATHERING***

- Dragon Tag

## ***ADVANCEMENT ACTIVITIES***

- É Building Castles (4)
- É Obstacle Course (5)
- É Collect items for decided service project

## ***CLOSING***

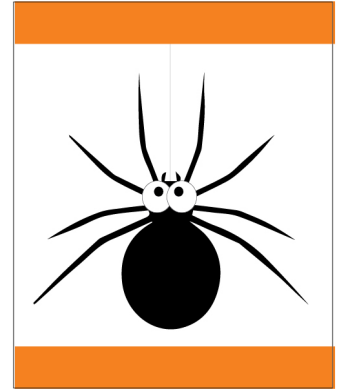
- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

## ***MEETING 4: ADVANCEMENT TO BE COMPLETED***

### ***My Tiger Jungle***

#### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Tiger Handbook for each Scout
- É Poster/handout of Scout Oath and Law for those without a book.
- É Index cards with each principle of the outdoor Code
- É One beach towel and ball per two Scouts
- É Plan a hike or a walk where signs of nature can be observed
- É Remind participants to wear appropriate clothing for the weather
- É Cardboard milk or juice cartons, enough for each Scout, for birdhouse activity
- É Yarn or ribbon for each birdhouse and decorations if time permits
- É Bird seed
- É Small plant or tree for each Scout to plant in their neighborhood
- É Parent information letter (optional)



#### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

#### ***GATHERING***

- Play the Beach Ball Toss game
- Introduce the Outdoor Code and have Scouts recite with you

#### ***ADVANCEMENT ACTIVITIES***

- É Make birdhouse and prepare for hanging at home
- É Take an outdoor hike, make a list of living things you see and two sounds that you hear to discuss (1)
- É Point out two different kinds of birds that live in your area and discuss their attributes (3)
- É Plant a shrub or tree in your neighborhood and learn about what it needs to grow (4)

#### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

## ***MEETING 5: ADVANCEMENT TO BE COMPLETED***

### ***Games Tigers Play (Partial)***

#### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Tiger Handbook for each Scout
- É Balloons
- É Bandannas
- É Soccer Ball
- É Set up scavenger hunt in keeping with the adventure theme
- É Handout for the last requirement of attending a sporting event
- É Parent information letter (optional)



#### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

#### ***GATHERING***

- Allow Scouts to work through scavenger hunt

#### ***ADVANCEMENT ACTIVITIES***

- É Play Ballooney and Lineup from meeting guide and discuss when finished (1)
- É Have members of the den make up and play a game using the soccer ball (3)

#### ***CLOSING***

- Clean up
- Hand out the parent information letter explaining the Do-at-Home project of creating a game and playing with their family. Also remind families to bring a nutritious snack to the next meeting to share keeping in mind any food allergies. (2 & 4)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 6: ADVANCEMENT TO BE COMPLETED***

## ***Games Tigers Play***

### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Tiger Handbook for each Scout
- É Painter tape
- É Markers
- É Large plastic bottle caps
- É Wipes or paper towels for cleaning up snack

### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

### ***GATHERING***

- Tiger Shuffle

### ***ADVANCEMENT ACTIVITIES***

- É Have each Tiger share the games they created at home (4)
- É Ask each Tiger to tell about the snack they chose to bring and why it is a good choice (2)

### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional) invite parents to participate in the next meeting



## ***MEETING 7: ADVANCEMENT TO BE COMPLETED***

### ***Tiger Circles: Duty to God***

#### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Tiger Handbook for each Scout
- É Two sheets of colored paper - one red, one green



#### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

#### ***GATHERING***

- Silent red light/green light game

#### ***ADVANCEMENT ACTIVITIES***

- É Discuss what it means to do your duty to God and how you do your duty to God in your daily life (1)
- É Plan for the den to take part in a local service project and talk with the den about how helping others is part of our duty to God (4). Can be combined with Team Tiger requirement 4

#### ***CLOSING***

- Clean up
- Explain to parents and guardians that this adventure is primarily a family-based adventure and how they can complete the remaining needed activities at home.
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

## **MEETING 8: ADVANCEMENT TO BE COMPLETED**

### **Team Tiger**

#### **PREPARATION AND MATERIALS NEEDED**

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Tiger Handbook for each Scout
- É Balloons
- É Small whisk broom for each boy
- É Tape or string to mark a centerline
- É Rope or cord to form a large circle
- É Pre-cut strips of paper for charades
- É Flier for outing and for Do-at-Home project (pick one chore to do at home for three weeks) (3)



#### **OPENING CEREMONY**

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- TIGER Opening Ceremony

#### **GATHERING**

- Sweep the Floorö game

#### **ADVANCEMENT ACTIVITIES**

- É Talk about what it means to be part of a team and have each Tiger list all teams they are a part of (1)
- É Magic Shrinking Circle
- É Talk about your Tiger Team and make a Tiger Duty Chart (2)
- É Service Activity Planning (4). Can be combined with Tiger Circles requirement 4
- É Charades

#### **CLOSING**

- Clean up.
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# **MEETING 9: ADVANCEMENT TO BE COMPLETED**

## **Tiger Bites (Partial)**

### **PREPARATION AND MATERIALS NEEDED**

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Tiger Handbook for each Scout
- É Den first aid kit
- É Paper lunch bags each containing a fruit or vegetable, numbered
- É 3 x 5 Cards to record guesses
- É Knife and cutting board to prepare fruit and vegetable samples
- É Flier for Do-at-Home project and nutritious snack to share for next week
- É Table Manner Relay Cards cut into squares (for large groups enough for 4-5 teams)
- É Paper plate, plastic cup fork knife and spoon (1 set per team for relay)



### **GATHERING**

- Paper bag fruit/vegetable guessing game

### **OPENING CEREMONY**

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- TIGER Opening Ceremony

### **ADVANCEMENT ACTIVITIES**

- Discuss good food choices and not-so-good choices, identify three of each (1)
- Reveal items in brown paper bags and discuss fruits and vegetables as well as similarities and differences. Complete "Know Your Fruits and Vegetables" (3)
- Up and Down game
- Explain the importance of hand washing and cleanup after a meal and demonstrate (2)
- Table Manners Relay (for large groups split Tigers into teams of 4-5 Scouts per team)

### **CLOSING**

- Clean up
- Hand out parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 10: ADVANCEMENT TO BE COMPLETED***

## ***Tiger Bites***

### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Tiger Handbook for each Scout
- É Den first aid kit
- É Made From Corn list
- É Two large sheets of craft paper
- É Two plastic cups or containers
- É Printouts of grocery store shelves and or recycled food containers for Grocery Scavenger Hunt if an outing to a grocery store or farmerø market is not possible.
- É Food Scavenger Hunt Cards
- É Hand Soap
- É Paper towels
- É Wipes

### ***GATHERING***

- Made From Corn game
- Funny Food Riddles

### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- TIGER Opening Ceremony

### ***ADVANCEMENT ACTIVITIES***

- Discuss completed mealtime job charts from the previous meetings Do-at-Home project (4)
- Grocery Scavenger Hunt
- Nutritious Snack Sharing (6)

### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

## ***MEETING 11: ADVANCEMENT TO BE COMPLETED***

### ***Tigers in the Wild (Partial)***

#### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Tiger Handbook for each Scout
- É Den first aid kit
- É Trail Food
- É Spoons or scoops
- É Zippered storage bag for each Tiger and adult partner
- É Small backpack or similar bag for storage (one for each Tiger)
- É First Aid Kit for each Scout (can be made of snack size zippered bags with simple supplies such as bandaids, wipes and wound care ointment)
- É Copy of the Outdoor Code
- É Copy of Leave No Trace Principles
- É Skit options
- É Balloon and rope
- É Flier for Do-at-Home project



#### ***GATHERING***

- Create own trail mix

#### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

#### ***ADVANCEMENT ACTIVITIES***

- Put together the Cub Scout Six Essentials needed for a hike (1)
- Review the Outdoor Code and Leave No Trace Principles (3)
- Take a short hike (2)

#### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

# ***MEETING 12: ADVANCEMENT TO BE COMPLETED***

## ***Tigers in the Wild***

### ***PREPARATION AND MATERIALS NEEDED***

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Tiger Handbook for each Scout
- É Den first aid kit
- É Copy of the Outdoor Code

### ***GATHERING***

- Create own trail mix

### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Recite the Outdoor Code

### ***ADVANCEMENT ACTIVITIES***

- Participate in an outdoor pack meeting or pack campfire. Tigers should participate in the campfire program by singing a song or acting out a skit as a den (5)
- Find two different trees and plants that grow in your area and write their names in your Handbook (6)

### ***CLOSING***

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

## ***MEETING 13:***

# ***CELEBRATION OF COMPLETING THE TIGER BADGE***

### ***PREPARATION AND MATERIALS NEEDED***

- É Invite parents and guardians to attend this meeting
- É Consider the need for a larger room for this meeting with appropriate seating for adults.
- É Prepare an appropriate ceremony for presenting the Tiger badge to each Scout
- É U.S. Flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Refreshments to be served to the parents and guardians after the program (optional)

### ***OPENING CEREMONY***

- Flag Ceremony (see Meeting1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Thank all guests for attending

### ***ACTIVITIES***

- Conduct a ceremony for awarding the Tiger badge to each Scout