



Arrow of Light Den Meeting Plans

HELPFUL HINTS FOR THOSE LEADING A DEN MEETING:

- É Your first den meeting will likely be each child's first Scouting experience.
- É In each den meeting plan in this booklet, you will see a section titled "Preparation and Materials Needed." Far in advance of each meeting, review this section and complete the preparation.
- É Refer to each adventure in the AOL Handbook for important information about the advancement activities in each meeting.
- É Arrive early at each den meeting to prepare and set up. The tone you set at the first meeting will determine, to a large extent, the success of your year. Be completely organized prior to the start of the meeting.
- É Wear your adult uniform.
- É Explain clearly to the Scouts what the behavioral expectations are and what the consequences will be. Be friendly but firm with the Scouts.
- É Ask your co-leader or parent helper to arrive at least 15 minutes before the meeting's start time. He or she can help you with final preparations before the Scouts arrive.
- É Having a snack at a den meeting is optional. If you choose to have a snack, plan the time for it so the meeting does not extend past the scheduled ending time. Be sure to ask parents and guardians about any food allergies their Scout has.
- É You may wish to email or distribute a parent information letter at the conclusion of each meeting. The letter informs parents what was completed at each meeting and provides information on upcoming den and pack meetings and activities. Parents appreciate good communication. Prepare the letter prior to each meeting.
- É Complete Youth Protection training and renew it every two years.

MEETING 1: ADVANCEMENT TO BE COMPLETED

BOBCAT BADGE

PREPARATION AND MATERIALS NEEDED

- É Webelos Handbook for each Scout
- É Poster or handout of the Scout Oath and Scout Law if not everyone has a handbook
- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Brief icebreaker game, since this may be the first time the participants meet
- É First Aid kit for Den
- É Parent information letter (optional; see above)

FLAG CEREMONY

Choose the first Scout alphabetically to be your denner and carry the U.S. flag. The second Scout will be the denner for the next meeting and will carry the den flag today, if you choose to have a den flag. The third and fourth Scouts are the color guards. (At subsequent meetings, rotate through the Scouts alphabetically.) The remaining Scouts in the den and all adults form a reviewing line that the color guard passes on the way to the flag stands. The den leader can call the flag ceremony (see below) at the first few meetings until the Scouts learn how to do so. After the flags are posted, have all recite the Pledge of Allegiance and then read the Scout Oath and Scout Law from the backs of the handbooks.

- É ÷Color guard, advance.÷ Scouts walk in unison with the flag(s) to the front of the room
- É ÷Color guard, post the colors.÷ Scouts place the flag(s) in the flag stand(s)
- É Recite the Pledge of Allegiance
- É Recite the Scout Oath and Scout Law
- É ÷Color guard, dismissed.÷ Scouts leading the flag ceremony join the other meeting participants and the meeting begins

OPENING CEREMONY

Play an icebreaker game, unless all of the meeting participants know one another already. An example of an icebreaker is to have the den gather in a circle. Choose someone to begin the game (perhaps the person with the last name that starts closest to the letter ÷Z÷ and then work through the circle). Have that person say their name and then act out (pantomime) their favorite sport or hobby.

ADVANCEMENT ACTIVITIES

- É Scouts will complete Bobcat requirements 1-6 (see the Webelos Handbook). Remind the Scouts and their parents to complete Bobcat requirement 7 at home if it was not completed in this meeting

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 2: ADVANCEMENT TO BE COMPLETED AWARE AND CARE

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Webelos Handbook for each Scout
- É Den first aid kit
- É Copies of the Aware and Care word scramble
- É Pencils
- É Boindfolds for every Scout
- É Potatoes, enough for one per Scout and a bag to put them in



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Word Scramble

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and talk about the goals and activities that are planned
- É "Lost in Space" game (1)
- É "Mobility Relay" (2)
- É One Potato, My Potato (3)

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 3: ADVANCEMENT TO BE COMPLETED AWARE AND CARE

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Arrange for an individual with a disability to visit and present to the den
- É Copy of the Scout Oath in American Sign Language

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Have Scouts practice the Scout Oath in American Sign Language (4e)

ADVANCEMENT ACTIVITIES

- É Have guest discuss what activities he or she currently finds challenging or found challenging in the past (4b)

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 4: ADVANCEMENT TO BE COMPLETED OUTDOORSMAN (Partial)

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Rope for knot tying



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Practice tying knots learned as Cub Scouts: Two half-hitches, Overhand knot, Square knot

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and talk about the goals and activities that are planned
- É Plan and participate in a campout (1)
- É Show how to tie a bowline (4)
- É Recite the Outdoor Code and the Leave no Trace Principles from memory and discuss (5)

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 5: ADVANCEMENT TO BE COMPLETED OUTDOORSMAN

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Tour activity plan and activity consent forms if needed

GATHERING

- Once everyone has arrived have Scouts set up their tents (2)

ADVANCEMENT ACTIVITIES

- É Discuss actions that should be taken in case of extreme weather events which could require evacuation (3 a, b & c)

CLOSING

- Clean up
- Invite the parents and guardians to participate in the next meeting

MEETING 6: ADVANCEMENT TO BE COMPLETED

SCOUTING ADVENTURE (Partial)

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Communicate with and prepare to visit a weekly troop meeting
- É Discuss and plan to attend a Boy Scout troop's campout or outdoor activity (3d & 4)
- É Prepare to practice the patrol method in your den for one month (3a-c)



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Show how to tie knots and the proper care of a rope (5)

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and build interest by describing the goals
- É Have Scouts observe the troop meeting & talk with the leadership of the troop (2a-2d)
- É Repeat from memory the Scout Oath, Law, motto and slogan. Explain in your own words what they mean (1a)
- É Explain what Scout spirit is. (1b)
- É Give the Boy Scout sign, salute, and handshake and when to use each (1c)
- É Repeat from memory the Pledge of Allegiance and explain in your own words its meaning (1e)

CLOSING

- Clean up
- Hand out the parent information letter addressing the outing to complete this adventure
- Invite parents to participate in the next meeting

MEETING 7: ADVANCEMENT TO BE COMPLETED SCOUTING ADVENTURE

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Demonstrate your knowledge of the pocketknife safety rules and the pledge (6)

ADVANCEMENT ACTIVITIES

- É Visit a Boy Scout troop meeting (2a-2d)
- É Describe the First Class Scout badge and what each part stand for. Explain its significance (1d)

CLOSING

- Clean up
- Hand out the parent information letter (optional)

MEETING 8: ADVANCEMENT TO BE COMPLETED

DUTY TO GOD IN ACTION

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout



GATHERING

- Have Scouts practice a skill that will prepare them for crossover to Boy Scouts

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and build interest by describing the goals
- É Discuss what it means to do your duty to God and how you do your duty to God in your daily life (1)
- É Discuss how planning and participating in a service of worship/reflection helps you live your duty to God (3)
- É Provide instruction for finishing duty to God at home, listing one thing that will bring you closer to doing your duty to God, and practice it for one month (4)

CLOSING

- Clean up
- Invite Parents and guardians to participate in the next meeting and hand out information letter (optional)
- Explain to parents and guardians requirement 2, 5 and 6 will need to be completed at home

MEETING 9: ADVANCEMENT TO BE COMPLETED

BUILDING A BETTER WORLD

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Index cards with the 12 points of the Scout Law written on a separate card
- É Invite a local government leader to present at your next meeting



GATHERING

- Scout Law Game

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and build interest by describing the goals
- É Discuss the United States flag (1)
- É Discuss rights and duties as a citizen (2)
- É Discuss rule of law (3)
- É Discuss energy use in your community (6d)

CLOSING

- Clean up
- Hand out the parent information letter providing information on the upcoming hike
- Invite the parents and guardians to participate in the next meeting

MEETING 10: ADVANCEMENT TO BE COMPLETED

BUILDING A BETTER WORLD

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Webelos Handbook for each Scout
- É Items to tie together in the Long Distance Knot Game

GATHERING

- Long Distance Knot game

ADVANCEMENT ACTIVITIES

- Guest speaker (4)
- Pan an activity for your den (5)

CLOSING

- Clean up
- Hand out parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting
- Provide a thank you note to the Fire Station staff

MEETING 11: CELEBRATION OF COMPLETING THE Arrow of Light BADGE

PREPARATION AND MATERIALS NEEDED

- É Invite parents and guardians to attend this meeting
- É Consider the need for a larger room for this meeting with appropriate seating for adults.
- É Prepare an appropriate ceremony for presenting the Webelos badge to each Scout
- É U.S. Flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Refreshments to be served to the parents and guardians after the program (optional)

OPENING CEREMONY

- Flag Ceremony (see Meeting1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Thank all guests for attending

ACTIVITIES

- Conduct a ceremony for awarding the AOL badge to each Scout and crossing over to their chosen troop