

FREE Family & Friends® CPR CLASSES

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, child CPR, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible. Family & Friends CPR is for people who want to learn CPR but do not need a CPR course completion card to meet a job requirement. This course is ideal for community groups, new parents, grandparents, babysitters, and others interested in learning how to save a life.

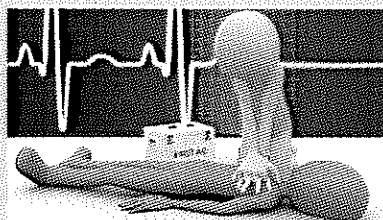
YOUR HANDS COULD SAVE A LIFE!

CLASSES ONGOING THROUGHOUT THE YEAR.

PLEASE VISIT OUR WEBSITE OR CALL: 352-249-4751

Register online: <https://trainingcentertechnologies.com/NatureCoastEMS/CourseEnrollment.aspx>

Or go to www.naturecoastems.org Select "Training" then "Sign up online" to register.



Learn CPR
for infants
& children

